



**EYFS HOME LEARNING PLAN (Teaching sessions should be around 15 minutes in duration, Learning sessions should be short and fun with a focus on learning while playing.)**

Throughout the day please provide your child with lots of opportunities to play. In the Early Years play underpins learning and all aspects of children’s development. Through play, your child will develop language skills, their emotions and creativity, social and intellectual skills.

Before 9.00am	Wake up	Wake up, brush teeth, get dressed, eat breakfast etc.
9.00am-10.00am	Active time	Morning walk Cosmic Yoga <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a> PE with Joe Wicks (Youtube)
10.00am-10.30am	Number time	Watch Numberblocks <a href="https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks?page=1">https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks?page=1</a> Complete Maths challenge Counting by rote Number formation Play board games. Sing number songs <a href="https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-counting-songs/zn67kmn">https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-counting-songs/zn67kmn</a> Topmarks <a href="https://www.topmarks.co.uk/maths-games/3-5-years/counting">https://www.topmarks.co.uk/maths-games/3-5-years/counting</a>
10.30am-11.00am	Playtime	Free choice
11.00am-11.30am	Phonics/Reading time	Phase 1 games/activities - see home learning pack  Phonics play- This is currently a free resource <a href="https://www.phonicsplay.co.uk/">https://www.phonicsplay.co.uk/</a> (Phase 1 and Phase 2)  Teach your monster to read- this is available free on computers but also as a free app. <a href="https://www.teachyourmonstertoread.com/">https://www.teachyourmonstertoread.com/</a>  Speedy sounds - RWI (flash the cards to your child)  Nursery Rhymes <a href="https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-songs-index/zhwdgwx">https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-songs-index/zhwdgwx</a>  Daily reading
11.30am-12.00am	Playtime	Free choice
12.00am-1.00pm	Lunch	
1.00pm-1.30pm	Fine motor control	Dough disco - Recipe for playdough on tapestry <a href="https://www.youtube.com/watch?v=3K-CQrjIOuY">https://www.youtube.com/watch?v=3K-CQrjIOuY</a> Or if you have access to a small ball this is just as good, alternatively pop on your favourite music and wake up all of those shoulder, elbow, wrists and fingers.



		Practise letter formation - see home learning pack for RWI rhymes Name writing, word writing, sentence writing
1.30pm-3.00pm	Playtime	Free choice
3.00pm-4.00pm	Creative time	Creative play, drawing, lego, crafts, music, cooking, baking
4.00pm-5.00pm	Outside time	Bikes, play in the garden, walk the dog
5.00pm-6.00pm	Dinner	
6.00pm-7.00pm	Free TV time	Showers/Bath/Pyjamas
7.00pm-7.30pm	Storytime	Read a story to them
7.30pm	Bedtime	

Please note the list of activities are suggestions for a teaching session not expectations. We always find keeping ideas varied, fun and sometimes just a bit silly can be the most successful and memorable.

Please look regularly on Tapestry as we will keep adding learning tasks, videos, and recipes.