



## My Learning timetable (KS1/KS2)...

### **9:00 – 9:30 – Get active and positive**

Get active, warmed up and feeling positive with some physical activity. You could

Follow Joe Wicks on his you tube channel - <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

Use some resources from Go Noodle - <https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kKZ3wnw>

### **9:30 – 9:45 – Maths time**

How about a bit of numbot or TTRockstars practise to get your maths brain working?

### **9:45 – 10:30**

You could try one of the maths based activities from the LaceyField home learning packs, or follow some of the links in the 'General Home Learning' areas of the website to play some more maths based games.

### **10:30 – 11:00 - Break**

How about a bit of a snack and a break – you've earned it!

### **11:00 – 12:00 – Writing time**

Now would be a great time to try a writing based activity from the home learning pack or website, or if you have done all of those, you could try writing a bit of a diary. Don't forget to add detail, description, and check for any mistakes in spelling or punctuation.

### **12:00 – 1:00 – Lunchtime!**

Don't forget to wash your hands (for 20 seconds with soap) first, and once lunch is finished, maybe you could help with putting things away and washing up?

### **1:00 – 1:30 – Reading**

Time for some reading. You could have a go at something using your Bug Club login at <https://www.activelearnprimary.co.uk/login?c=0> or go for the real thing and grab a book to read.

### **1:30 – 2:30 – Topic Time**

Choose some wider learning activities. It could be some Science, Art or Design Technology from the home learning pack, some baking (be safe and remember to wash those hands again!) or you might follow some of the links on the general home learning documents to learn a new language.

### **2:30 – 3:15 – Creative time**

Now it's time to get creative – if you play an instrument, this would be a great time to practise. If not, you could follow some online drawing tutorials, get out the Lego, Playmobil or other small world play, go wild with the play dough (without making too much mess of course) or you could get really crafty and make something.

### **3:15 – 3:25 – Reflection time**

Make a little reflection diary by answering some of the questions below...

What did you really enjoy about your day today? What went well? Did you find anything tricky? I wonder if there's a resource that might help make it easier next time. What activities might you like to do tomorrow?

We hope you had a great day!